

Year 5 lessons am 15.1.2021

9am – 9.15 am Choose a times table that you are not confident of to practise. (TTrockstars)

9.15 am – 10.15am PE Invasion and Target (Ball handling)

Warm Up – Jog/skip/hop/side-step around your garden five times.

Activities – Take a ball. Practise bouncing the ball on the spot. You can use either hand. Now bounce the ball while on the move again using either hand. Try to change direction frequently.

Dribble the ball by bouncing it. Next throw the ball a little way into the air, jump and catch it and stand still. Repeat this activity a few times so you can become more accurate at dribbling, catching, jumping and stopping.

If you can get a family member to play with you pass the ball quickly to each other. Use either chest or bounce passes. If three of you are playing, pass the ball randomly in any direction. Keep on your toes. What is your highest number before someone drops the ball?

Cool down – take the smallest steps possible from one side of your garden to another.

10.15 am – 10.30 am Break time

10.30 - 12pm Science Space

L.I. To research a significant person from the past connected with discoveries made about Space and the Solar System.

Research using safe sites one of the following famous scientists:
GALILEO, KEPLER, SIR ISAAC NEWTON, COPERNICUS or PTOLEMY.

Find out as many relevant and interesting facts, as possible, to do with the discoveries and theories your chosen scientist put forward about the moon, movement of the earth, gravity, space or the solar system.

Also include relevant information as to when and where they lived as some of these famous scientists lived a long time ago.

Present and organise your work neatly either using bullet points or as a detailed poster so you can share it with the class when we come back to school. We can all learn from each other why these figures are important in the history of 'Space' science.